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No.1 Fixer: Remove Poverty and Mental illness

No.1 Source: Mental illness often is connected to sudden loss and Poverty and due to long time helplessness situation and struggles , people often find it difficult to cope with day to day problem thus results in effecting every corner of life and slowly slowly you might developed chronic mental illness and all this happened due to when we gave our financial Assets like wealth, Property, business, source of income, Job, families responsibilities at the hand of stupid and fools people, no matter they are from our close relation, business partner, Consultant and well-wisher, but due to their stupidity and ineligibility to handle financial matter and day to day important obligation, we often received set backs in our life , so not only your business, wealth, properties etc. being taken away from you but also you families start suffering in this turmoil and you finally went to backcourts, results a life which you never expected but you are now a poor whose life and decision is at the hands of others whose is not eligible to guide you or rescue you or sometimes they may trap you so that you may not come back to main stream of life which they never want any competition and they took you as always a threat.

Allah SWT mentioned in Surah An Nisa 4: Ayat 05 that

“You shouldn’t give any responsibility of your Wealth and Assets in the hand of stupid, which Allah has made a provision or sustenance for your income and living, but feed them out and clothe them, and say good and nice words to them”

It is narrated in Sahih Hadith,

Narrated by Abdullah ibn Umar (may Allah be pleased with him): The Prophet (peace be upon him) said, "The Muslim is the brother of his fellow-Muslim. He should neither deceive him nor lie to him, nor leave him without assistance. Everything of a Muslim is inviolable for his brother in faith: his blood, his property, and his honor." (Sahih Muslim, Book 32, Hadith 6258)



It is also narrated in another Sahih Hadith,

Narrated by Abdullah ibn Amr (may Allah be pleased with him): The Messenger of Allah (peace be upon him) said, "A Muslim is the one from whose tongue and hand the Muslims are safe." (Sahih Al-Bukhari, Book 1, Hadith 10)

No.1 Fixer: Say “inna lillahi wa inna ilahi raziun Allahumma azirni fi musibati Akhlifli khairan minha”- Oh! Allah we came from you and we shall return to you, please provide me better than what I lost. Through out the struggle our brain is the area which mostly affected and our physical health also, so take Psychiatrist counselling and medication, do periodic blood test to monitor the disease.

Focus on your Core Competency and Skills and try to redevelop either your business from the scratch in any area you love most and your heart is connected and there is likeness than any other Task or activities or if you have lost your Job then try to rebuild your CV and sync with the current time and job profile which must match with your Core Competency and Skills then apply it , no matter the Salary is low but you must take this is your Stair to bounce back to the work and then continue in your career without a break.

Meanwhile never feel shy to approach your first relative and remove any misunderstanding with them so that you let them allow to help you in your monthly living expenditure, now you are under oath that when they came out and help you then you must not forget it to stand by them in their any crisis, so always promote good relationship with your blood relatives, neighbours , friends since they can be a life support in your crisis when you almost lost all of your hope to comeback. This is Sunnah and it's the rules or protocol of Allah, once you believed it you will be removed from the severe Poverty and struggles. Try to live in minimum requirement and you must not repeat the same mistakes as before and always keep update yourself with latest Financial Knowledge.



No.1 Breaking Point: Often Conflict destroy the blessings of our income and prosperity in career and family, and we unwillingly attract hidden enmity, hatred and jealousy , but we are unaware of the danger and they never thought twice to destroy your income or any good chance for survival no matter they are dumb or clever but they never realize that by doing this harmful act how much it going to cost you in your life which may caused severe mental illness, chronic disease, relationship turmoil, living in dirty place, risk and danger, education of your child in lower standard school has no proper facilities for 21st century education and learning, risk of break of marriage etc. So you must identify those people surround by you and keep them away from your Business or Job and maintain secrecy but never cut the relationship with them and always help them to feed and support whenever they need it.